



# Joan Roberts Eastman



“When we walk to the edge of all the light we have, and take that step into the darkness of the unknown, we must believe that one of two things will happen. There will be something solid for us to stand on, or we will be taught how to fly.”

## Experience

I Joan Roberts Eastman has twenty-five years of experience as a leadership consultant & career coach in the business world. She has strong expertise in working with executives, managers and other professionals to grow their capabilities and careers.

Joan believes that people should use their natural strengths and interests to excel. She is passionate about planting seeds of possibility, and then watching a person bloom. She also loves to work with people who are in transition. While those may be difficult times in our lives, they are natural and can become opportunities to learn and develop.

This journey is not without challenges. Sometimes, a person's strengths can be taken to excess and then get in his or her way. Joan works with individuals to shift their beliefs and behaviors.

Joan has personal experience walking this path of exploration. After being in the corporate world for ten years, she found a way to achieve a life-long dream of living and working abroad. She created that opportunity through an international assignment in Asia. While living in Hong Kong and Singapore, she started a training department in the China subsidiary of a pharmaceutical company, and instituted a leadership development program spanning fourteen countries in the Asia-Pacific region. Through that experience, she discovered her deep love of multi-culturalism.

Joan loves to spend time in the outdoors, travel to places she's never been, and explore people's life stories. She lives in North Carolina, USA, with her husband Ed and sweet dog Emma.

## Professional Expertise

Through the highly respected International Coach Federation, Joan is certified as a Professional Coach. She also is certified in the Highlands Program, the Center for Creative Leadership's "Benchmarks" 360-degree assessment tool, and the Myers-Briggs Type Indicator.

## Selected Client Companies

Duke Corporate Education • First Citizens Bank • Ford Motor Company • GlaxoSmithKline • Research Triangle Institute • Royal Dutch Shell • Siemens • SpectraSite Communications • The Hill Center • The New York Times • The University of North Carolina

## Education, Qualifications, Professional Positions

Joan has a Bachelor's degree in Psychology from Cornell University, a Master's degree in Organization and Community Studies from the University of North Carolina, and was trained in Harvard University's Negotiation Project.